

Guru Nanak College of Education for Women, Kapurthala

ANNUAL REPORT

(Session 2023-24)

- **General Orientation:** The session started with the two days Orientation Programme on 11th and 12th September, 2023 to orient the future nation builders about curricular and co-curricular activities during the session. The first day started with introduction session. The acting Principal Mrs. Manjit Kaur welcomed the students and introduced the staff members. The main objective was to familiarize the new students with the college services, rules and regulations, activities as well as library. Second day, faculty members oriented pupil- teacher about the curriculum and evaluation scheme.
- **Inter College Competition:** Hindu Kanya College, Kapurthala organized an Inter – College Competition on 14th September, 2023 to celebrate ‘Rashtriya Bhasha Protsahan’. Our college students participated in Quiz Competition & Poetical Recitation Competition. Following students were winners:

S. No.	Name of the Student	Semester	Items	Position
1	<ul style="list-style-type: none">• Usha• Kuljit Kaur	Sem – I	Quiz	1 st

- **Shubh Aarambh:** The new session began with the blessings of Almighty on 16th September, 2023 for the flourishing and prosperous year ahead. The program commenced with the bani of Sri Sukhmani Sahibji followed by melodious Shabad gayan. At the end Sangat savored Guru ka Langar.
- **Seminar:** Samarpan Club organized a Seminar on ‘Ban on Single use of Plastic’ on 21st September, 2023. Students presented their views on the topic and highlighted the ill effects of single use plastics on human beings and nature. They undertook a pledge along with the staff members for not using the plastic products and in keeping the environment clean and green.
- **Cleanliness Drive:** As per the campaign initiated by Prime Minister on the birthday of Mahatma Gandhi, Swachh Bharat Abhiyan Mission was followed in campus through

Cleanliness Drive on 22nd September, 2023. The main purpose of this programme was to create awareness among the students regarding cleanliness and its benefits. Teachers and students participated in this activity and took oath to keep their surrounding neat and clean.

- **Talent Hunt:** Our organization always fortifies students to expand their hidden talents. A Talent Hunt was held on 7th and 9th October, 2023. An overwhelming response of the audience was encouraging, as students came forward to display their immense talents in various artistic fields like solo and folk group dance, poems, speech, cartooning, poster making, clay modeling, slogan writing, collage making, rangoli etc.. The Principal appreciated and motivated the students for their fervent performances.
- **Morning Assembly:** Morning assemblies are held every Tuesday to foster social, moral and spiritual values among students under the guidance of in-charges of Tagore and Gandhi house. This session morning assemblies were organized on the following topics:

S. No	Topic	Date	House
1	World Teacher Day	05.10.2023	Tagore and Gandhi House
2	National Unity Day	31.10.2023	Tagore House
3	World Disability Day	05.12.2023	Gandhi House
4	Celebration of Republic Day	13.02.2024	Tagore House
5	Karma Di Daulat	12.03.2024	Gandhi House
6	World Earth Day	29.04.2024	Gandhi House

- **Mehndi Competition:** Bhai Shobha Singh Club organized Mehndi Competition on 31st October, 2023. The event served as a colorful and culturally rich platform where students exhibited their artistic abilities by crafting intricate mehndi designs in various categories. Mrs. Harbrinder Kaur and Mrs. Deepmala were the judges of the event. The winners were acknowledged with prizes and certificates. The winners were:-

S. No	Name	Position/ Sem	Semester
1	Shephali	1 st	Sem – I
2	Loveleen Maini	2 nd	Sem – I

3	Manjot Kaur	3 rd	Sem – I
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- **World AIDS Day:** The celebration of World AIDS Day 2023, under the theme, “AIDS Awareness and General Health Issues”, is an opportunity to raise awareness about the challenges that remain to achieve the goals of ending AIDS by 2030. In this concern Red Ribbon Club organized Caption Making Competition, Slogan Writing Competition and an Extension Lecture on 30th November and 1st December, 2023. Number of students actively participated in the competition and wrote slogans and captions for sensitizing the students about the spread of disease. An extension lecture by Dr. Lovepreet Kaur (MD Homeopathy) was organized by Red Ribbon Club for prevention, treatment of the pandemic and care of HIV positive patients. She made the students aware about general health issues which common people are suffering from at contemporary time. Winners of the competitions were as follows:

Competition	Position	Name	Semester
Slogan Writing	First	1. Loveleen Maini	Sem – I
	Second	2. Anshu Sharma	Sem – III
	Third	3. Gagandeep Kaur	Sem – I
Caption Making	First	1. Loveleen Maini	Sem – I
	Second	2. Sahibjot Kaur	Sem – III
	Third	3. Lakshita	Sem – III

- **Systematic Voter Education and Electoral Programme (SVEEP):** As per the instructions of SDM, Kapurthala, various activities were organized by our college under SVEEP to make citizens aware about their voting right. These were:

S. No	Event	Date
1.	Celebration of Voter Day	25.01.24
2.	Pledge Ceremony of Road Safety	20.02.24
3.	Pledge Ceremony of ‘Mera Pehla Vote Desh ke Liye	05.03.24
4.	Slogan Exhibition of Voting Awareness	06.03.24

5.	Slogans Writing and Games based on Voting Poll Process	04.04.24
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- **Guest Lecture:** The Legal Literacy Club organized a guest lecture on ‘International Day of Zero Tolerance for Female Genital Mutilation’ by Vibhuti Sharma, Assistant Legal Aid Defense Counsel, Kapurthala on 6th February, 2024. She emphasized the need to eradicate the global practice of FGM, which entails the partial or complete removal of external female genitalia or other forms of injury for non-medical reasons. She also highlighted the importance of collective action by governments, civil society organization, international agencies and individuals to combat FGM in all its manifestations.
- **Celebration of Basant Panchami:** Basant Panchami was celebrated on 14th February, 2024. The festival is dedicated to Goddess Saraswati. The festival also marks the onset of the spring season. Teachers and Students came attired in vibrant hues of yellow. The program was started with the lighting of lamp and offering flowers to Maa Saraswati. The joyous occasion came to an end with the distribution of parsad.
- **Slogan Writing Competition:** Bhai Shobha Singh Club of the institution organized Slogans Writing Competition on the topic of ‘Road Safety’ on 21st February, 2024. The primary objective of the competition was to encourage the students to creatively express their thoughts and ideas on road safety through impactful slogans. By engaging students in this manner, the event sought to raise awareness about the importance of adhering to traffic rules, preventing accidents, and fostering a culture of responsible driving. Number of students participated in this competition. The winners were awarded with prizes and merit certificate. The top three winners were:

S. No	Position	Name of the Student	Semester
1	1 st	Sahibjot Kaur	Sem – III
2	2 nd	Loveleen Maini	Sem – II
3	3 rd	Simranjit Kaur	Sem - III

- **Inter – House Competition:** To display the beauty of nature’s gift, Fresh & Dry Inter-House Flower Arrangement Competition was organized by Bhai Shobha Singh Club on 23rd February, 2024 in the college lawn. The competition aimed to provide a platform for

the students to exhibit their talents and creativity. The creativity of the participants left the judges spell bound. Winners of the competitions were as follows:

Fresh Flower Arrangement

S. No	Name of the Student	Semester	Position
1	Sahibjot Kaur	Sem – III	1 st
2	Simranjit Kaur	Sem – III	2 nd
3	Banita	Sem – III	3 rd

Dry Flower Arrangement

S. No	Name of the Student	Semester	Position
1	Komal	Sem – III	1 st
2	Rasleen Kaur	Sem – II	2 nd
3	Amandeep Kaur	Sem – III	3 rd

- **Inter House KHO KHO Competition:** Sports are very important. They prove helpful in physical and mental development. They also instill a sense of tolerance, teamwork and co-operation among the students. The Sports Club of the institution organized an Inter House KHO-KHO Competition on 27th February, 2024 with great enthusiasm. The head of the institution inaugurated the event. The match was played between Tagore House and Gandhi House in which Gandhi house won the match by 15 points. College Principal, Mrs. Manjit Kaur congratulated the winners and extolled both houses for exhibiting good team spirit and playing with fervour and zeal.
- **Inter - College Competition:** The students of our institution participated in inter college competition in Potted Flower Arrangement (Fresh & Dry) on 2nd March, 2024 held at Pushpa Gujral Science City, Kapurthala. Our students performed brilliantly and brought glory to the college by wining various positions as following:

S. No	Activity	Students Name/ Semester	Semester	Position
1	Potted Flower:- Fresh Flower Arrangement	1. Sahibjot Kaur Harjeet Kaur 2. Simranpreet Kaur Amritpal Kaur	Sem – IV Sem - II	Second Second
2	Dry Flower Arrangement	1. Loveleen Kuljeet Kaur 2. Kirandeep Nehpreet Kaur 3. Anjali	Sem – II Sem – IV Sem – IV	First Second Third

		Shepahli 4. Amandeep Prabhjot Kaur	& Sem – II Sem – IV & Sem – II	Consolation
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- **National Science Day:** The theme of National Science Day of this year was ‘Indigenous Technologies of Viksit Bharat’. National Science Day aims to promote scientific temper, inspire youth towards careers in science, and celebrate India's rich scientific heritage. To celebrate the day, the members of Einstein Club visited Pushpa Gujral Science City, Kapurthala on 2nd March, 2024. They visited many galleries like Biotechnology, Sports Gallery, Fun Science Gallery, Earth Quake Simulator, and 3 –D Theatre, Space and Aviationetc.
- **Women Empowerment Cell:** Women Empowerment Cell of the college participated in workshop 'Trash to Treasure Recycled Art' at Pushpa Gujral Science City, Kapurthala on 7th March, 2024 on the occasion of International Women’s Day. Dr. Anjana Bhatia from Hans Raj Mahila Maha Vidyalaya, Jalandhar graced the workshop as a guest speaker. The aim of this workshop was to demonstrate how we can reuse or repurpose our recyclable wastes. She asked to make pictures of women related to acid attack victims and transgender from the waste material. In this workshop our college secured the first position.
- **Extension Lecture:** Our college organized an Extension Lecture on ‘Personality Development and Moral Values’ on 11th March, 2024. The speakers of the day were S. Dilbag Singh, S. Charanjit Singh and Mrs. Harpreet Kaur. S. Dilbag Singh stressed that by inculcating humanitarian values such as contentment, endurance, righteousness, equanimity, truthfulness one can succeed in life. He also gave motivational speech on Body, Mind and Spirit and correlated with the quotes of Gurbani. The students interacted with him and at the end he advised students to be good citizens and good human beings by inculcating moral and ethical values in their lives.
- **Food Fiesta:** To bring together the important theme of 'Food', a fun-filled Food Fiesta was organized by Bhai Shobha Singh Clubon 14th March, 2024 in the college lawn. The event was a great success in variety of food items and creative decoration of stalls. It was a well-organized event where students got the best quality food at low prices. Total six stalls were placed in the lawn such asDahi Bhalla (2 Stalls), French Fries/Cheese

Corn/Coke, Bhelpuri, Pav Bhaji, Gol Gappe, White Sauces Pasta. The food was relished by one and all.

- **World Oral Health Day:** World Oral Health Day aims to spread awareness about the issues of Oral Health and importance of Oral Hygiene. The theme of the year was 'A Happy Mouth is a Happy Body'. In this concern the college organized a Power Point Presentation competition on 20th March 2024. Number of students participated in this competition with zeal and enthusiasm. Through presentation students highlighted their views on various aspects of oral healthcare, diet, and correct way of cleaning teeth, gums and tongue. All participants performed outstandingly. Winners of the competition were as follows:-

S. No	Name	Semester	Position
1	Anshu Sharma	Sem – IV	1 st
2	Manjot Kaur	Sem – II	2 nd
3	Loveleen Maini	Sem – II	3 rd

- **A Tribute to Shaheed-e-Azam Sardar Bhagat Singh:** The college paid tribute to Shaheed-e-Azam Sardar Bhagat Singh on 23rd March, 2024. Number of activities were performed by students to enlighten on the life of Shaheed Sardar Bhagat Singh. The event started with a brief introduction about Shaheed Sardar Bhagat Singh's life and his contribution to India's freedom struggle. They also recited a poem on the life history of the revolutionary soul and sang patriotic songs in praise of the Shaheed Sardar Bhagat Singh. The program concluded with National Anthem.
- **Academic Counseling:** Guidance and Counseling Cell organized Academic Counseling on 26th March, 2024. The speaker was Dr. Navleen Multani, Director, Public Relation (Jagat Guru Nanak Dev, Punjab State Open University, Patiala). She delivered a special lecture on 'Significance of Skill Enhancement Course for Professional Competence' and discussed about the importance of skills and professional competence for students to develop in-demand skills, improve their employability and adapt to changing job requirements. The students interacted and discussed about the various courses and its fees.
- **Workshop:** Einstein Club of the college attended a workshop on 'Low Cost Teaching Aids' at Pushpa Gujral Science City, Kapurthala on 30th March, 2024 with Education

Officer Mrs. Harsimran Kaur. The workshop aimed at how to teach science effectively in the classroom. Students came to know about various uses of triggers or warm-up activities to activate prior knowledge and capture student's attention like Newton's laws of motion, state of inertia, Bernoulli's principle, atmospheric pressure, force etc.

- **Educational Environment Program Competition:** Supported by Ministry of Environment, Forest and Climate Change, Govt. of India, Hans Raj Mahila Maha Vidyalaya Jalandhar – State Nodel Agency of Punjab State Council of Science and Technology organized 'ECO VIBES@HMV' under Environmental Educational Program - on 5th April, 2024. Our college Students enthusiastically participated in a myriad of competitions ranging from Poster Making, Slogan Writing, Rangoli, Quiz, Face Painting, Dress from Waste, Nukkad Natak and Exhibition on Mission Life. Different schools and colleges participated in this program. In this competition our college clinched the **overall champion's trophy** and secured the **1st Position** in Nukkad Natak, **3rd Position** in Quiz and **1st Position** in Exhibition under "Bioenergy" category. Principal Mrs. Manjit Kaur congratulated all the participants and teachers for their dedicated efforts and hard work.
- **Workshop:** The members of Eco Club of the college attended a workshop on 'EcoSkills, Hastkaagaz, Green Action, and EcoPreneurs' held on 6th April, 2024 at Hans Raj Mahila Maha Vidyalaya, Jalandhar. These workshops provided hands-on training in paper recycling, overcompensating, and entrepreneurship in agricultural waste and herbal products respectively.
- **World Book & Copyright Day:** Bhai Vir Singh Library of the college organized a book exhibition titled "Read Your Way" on 23rd April, 2024. The main motive of the program was to create awareness about books & various reading materials in knowledge gaining and use of books as well as the library among students.
- **Farewell:** The College organized a grand farewell party for the students of session 2023-24 on 9th May, 2024. On this occasion creative games, jazzy music, modeling, enlightening decor and special performances were displayed by the juniors which were appreciated by the audience with thundering applause. Later the outgoing students were shared with glimpses of their journey. The Principal of the college bestowed her blessings and best wishes to the outgoing students and encouraged them to fulfill and cherish their dreams in life.