

BEST PRACTICES-I

Title of the Practice: Multifaceted development of the students through a number of scholastic and co-scholastic activities

The Context that required initiation of the practice: A carefully and wisely framed educational programme focuses on preparing students to meet any challenges they may face in life and in their academic career where teachers play a key role. A teacher has an impact on the growth and well-being of child as well as society. Moreover, teaching job is a great responsibility than a mere job. Therefore, a teacher should have a balanced personality in terms of his intellectual, emotional, social, physical, artistic, creative and spiritual potentials. As ours is a teacher education institution so it focuses on the holistic development of the student teachers through the active functioning of various clubs.

Objectives of the Practice

- To equip the prospective teachers with necessary pedagogic skills
- To develop the capacity to extend the available resources by means of improvisation of instructional facilities
- To increase the ability to make healthy adjustment with the environment of the institution
- To familiarize the future teachers with all that is latest in education
- To enable the student teachers to own responsibility towards community
- To instil a deep feeling of commitment to values
- To make the student teachers fit and fettle to face the struggle of life

The Practice

The institution offers a wide range of choices and opportunities for both individual and group experiences. In order to achieve the above stated objectives the institution organise following activities as a regular feature:

- ***Talent Hunt***

An effort is made to motivate the students to enhance their inherent talents in the form a talent hunt programmes in art, music, dance, theatre and literary events.

- ***Weekly Morning Assemblies***

Morning Assembly is an important feature of the institution where students of both the houses make a tremendous contribution through their active participation on rotation under the guidance of their respective house in-charges.

- ***Inter-House Competitions***

As institution follows a house system and there are two houses namely Maria Montessori House and Marie Curie House. The students are given opportunities to compete in inter-

house competitions in sports, cultural and literary events, art, pedagogic skills etc.

- ***Inter- College Competitions***

The students are encouraged to participate in inter college competitions. It provides the students a platform to realize their creative talent in the field of technology, art, music, theatre and literary activities.

- ***Community Programmes***

The institution motivates the students to engage themselves in community services activities. It helps them to develop a right attitude of life, a good interpersonal communication skill, and a sense of social awareness.

- ***Extension Lectures***

Classroom Teaching is supplemented by extension lectures in the relevant and current disciplines. Perspective Teachers are provided exposure and opportunities of interaction with the experts

- ***Religious Functions***

In order to inculcate spiritual values among the students, the institution organises religious functions like Gurburab Celebrations, Bani Diwas and Shubh Aarambh where the blessings of Almighty are sought. Students offer their services in the preparation and distribution of community langar.

- ***Cultural Programmes***

Cultural Programmes are also organised on the occasions of Lohri Celebration, and Alumni Meet. The Cultural activities increase the opportunities for social interaction, entertainment and reflection of talent, thereby, developing a well-groomed personality of students

Impact of the Practice

This year our college organised following activities to complement the university's academic curriculum and to augment the student's educational experience to lead their holistic development.

- ***Shubh Aarambh***

The new session was begun in the presence of Shri Guru Granth Sahib Ji.. Sukhmani Sahib Path and Kirtan were held on August 24, 2016 for the prosperous year ahead with the heavenly chants of Gurbani. At the end, Sangat relished ‘Guru Ka Langar’

- ***Talent Hunt***

Our organization always fortified students to expend their hidden talent. Talent hunt was held on August 26&27, 2016. Various art, literary and cultural activities were organized for the comprehensive development of the students. Our principal was glad to see the fanatical performances of the students.

- ***Teacher's Day Celebration***

Teachers are the epitome of knowledge. Teachers are those who give impeccable contribution in shaping the personality of the students. Teacher's day was celebrated in our college on Sept 5, 2016 with zeal and zest. The Cultural and Literary Items were performed by the students to pay the gratitude to teachers. Our head of the institution inspired students to become creative teachers

- ***Morning Assembly***

Morning assembly is held every Saturday for nurturing personal and social skills of the apprentice teachers under the able guidance of the in-charges of Maria Montessori House and Marie Curie House. Topics of morning assemblies were as follows:

S.No	Date	Topic	Organizer
1	20-08-2016	Celebration of Independence	Maria Montessori House Marie Curie House
2	20-09-2016	World Literacy Day	Maria Montessori House
3	22-10-2016	Food Preservation- Today's Need	Marie Curie House
4	21-01-2017	Note Bandi	Maria Montessori House
5	28-01-2017	Have a Vision? Make the Right Decision! Vote?	Marie Curie House
6	11-03-2017	Environmental Protection	Maria Montessori House

- ***Youth Festival***

Youth festival is a platform where youth determine the hinder individuality. Guru Nanak Dev University, Amritsar organized Zonal Youth Festival from October 1to3, 2015. Our students participated in number of items and won following prizes:

S.No.	Student's Name	Semester	Category	Prize
1	Mandeep Kaur	Semester-III	Phulkari	I
2	Chayya Kumari	Semester-I	Cartooning	I

- ***Inter zonal youth festival***

Inter Zonal Youth Festival was held on november 02 to 05, 2016. Our students participated in it enthusiastically and Mandeep Kaur (Sem III) won third prize and made college proud.

- ***Interaction with bright students***

Interaction with bright students was held with the principal in which their efforts were appreciated and they are encouraged to get merit positions in University Examinations.

- ***Remedial Classes***

Remedial Classes were organised for academically weak students. It helped them to overcome their difficulties and to secure good marks.

- ***Systematic Voter Education and Electoral Programme***

As per the instructions of the SDM, various activities were organised by our college under Systematic Voter Education and Electoral Programme to make citizens aware about their voting right.

Date	Event
22.09.2016	Seminar on ‘No voter should left behind’
23.09.2016	Awareness Rally on Right to Vote under the able guidance of Sh. Pavan Kumar
04.10.2016- 07.10.2016	Aware College students to make their voter card
07.10.2016	Seminar on vote awareness at Kamalia Khalsa High School by college ambassadors Ms. Avneet Kaur and Ms. Bhavna Pabbi under the guidance of Dr. Pooja Loomba and Mr. Pavan Kumar Sharma
04.02.2017	College ambassadors guided voters and assisted BLO’s during Punjab Elections

- ***Swachh Bharat Abhiyan***

As per the campaign initiated by Prime Minister on the birthday of Mahatma Gandhi, Swachh Bharat Abhiyan Mission was followed in our college through cleanliness drive

- ***Different Activities Of The Clubs/ Committees/Cells***

Different clubs, committees and cells of the college organized the following activities and competitions:

Club	Activities
Arya- Einstein Club	Workshop on Preparation of Teaching Aids in Mathematics & Science
Sports Club	Inter-House Badminton Tournament & Inter-House Kho Kho Competition

Commerce-Economics Club	Invited Talk of Adv. Anuj Anand on Consumer Awareness
Art Club	Poster Making Competition
Language Club	Essay Writing Competition
Red Ribbon Club	Inter-House Slogan Writing Competition On AIDS Awareness
Samarpan Club	Services to Inmates of Home for Mentally Retarded Children (Sukhjit Ashram) Kapurthala
Legal Literacy Club	Seminar on Child Labour
ICT Club	Workshop on MS OFFICE
Women Empowerment Cell	Talk on Curse of Female Foeticide
Research Committee	Workshop on Action Research
Guidance and Counselling Cell	<ul style="list-style-type: none"> • Orientation Programme • Counselling Services
Drug Counselling Cell	Slogan Writing Competition on Drug addiction

- ***Lohri Celebration***

The festival of Lohri is culturally significant as it celebrates the winter solstice. Lohri was celebrated in our college on Jan 13, 2017. Students presented cultural programme with enjoyment and enthusiasm. The head of our organization shared her views and consecrated students.

- ***Inter-College Competitions***

As the college encourages the young students to come forward and prove themselves by participating in various creative activities in the same way the active participation of the students in these activities encourage the colleges to provide them more and more opportunities for their overall development. This year our students participated in following competitions:

- ✓ Stamp design competition of Swachh Bharat on 12.07.2016
- ✓ Essay writing competition on Gurmat Poet Bhai Santokh Singh Ji on 26.08.2016
- ✓ Doaba Youth Festival on 10.11.2016 and our students won following prizes:

Sr.No	Event	Student Name	Prize
1	Collage Making	Shikha	I

2	Fancy Dress	Bhawna Pabbi	I
3	Dry Flower Arrangement	Inderjit kaur	II
4	Cartooning	Chhaya Kumari	II
5	Installation	Supreet, Nancy,Amanpreet, Manpreet	II

- ✓ Inter-college poster making declamation and poetry competition at DIPS College of Education Dhillwan on 12 Jan2017.

Sr.No	Event	Student Name	Prize
1	Declamation	Jaspreet Kaur	II
2	Poetry	Rajinder Kaur	III

- ***Birthday Celebration of Guru Gobind Singh Ji***

Guru Gobind Singh Ji was a prophet-teacher of the sikh faith, true poetic laureate and a true patriot. Guru ji's life is inspiring and a role model for human beings. To celebrate the birth anniversary of Shri Guru Gobind Singh Ji, Sehaj Path was started and bhog was held on Feb 11, 2017. This celebration was completed with Guru ka Langar.

- **Maa Boli Diwas**

To celebrate Maa Boli Diwas on February 21, 2017, Punjab Jagriti March and Sarbat Da Bhalla Charitable Trust organized seventh Punjabi Jagriti March from Lyallpur Khalsa School, Jalandhar to Desh Bhagat Yaadgar Hall, Jalandhar. Various schools and colleges participated in this march. Our college also took part in this event with gusto and gaiety. Many renowned personalities also marked their presence in this march and motivated youth to love and respect their mother language.

- **Annual Sports Meet**

With the purpose to implant sportsman strength among students and to enhance their physical and social skills, 45th Annual Sports Meet 2016-17 was organized from 01.03.2017 to 03.03.2017. The events are enlisted below:

March Past	100 m Race
200 m Race	Relay Race
Three Legged Race	Skipping Race
Shot Put	Discus Throw
Sack Race	Kangaroo Race
Javelin Throw	Spoon and Lemon Race
Chatti Race	Long Jump
Obstacle Race	Fancy Dress Competition

- ***Educational Trip***

Educational trip is the break in routine and exciting activity that open ups student's mind to new vision. This year our college organized educational trip to Mehndiana Sahib and F2 Ludhiana on May 3rd 2017. Our students realized that adventures are best way to learn and enjoy.

- ***Farewell***

To bid farewell to the students of session 2015-17, a programme was organized by the students of session 2016-18 on 05-05-2017. The contest was held to find Ms. Farewell. The judges were Mrs. Sawinder Arora, Mrs. Manpreet Kaur and Mrs. Harbinder Kaur. The overall incharges were Mrs. Deepmala and Mrs. Sarvjit. The winners were:

- ✓ Ms. Herpinder Kaur (Ms. Farewell)
- ✓ Ms. Amandeep Kaur (I runner up)
- ✓ Ms. Amanpreet Kaur (II runner up)

Students enjoyed the function with full fervor and hilarity. Mrs. Manjit Kaur, head of the institution gave inspirational speech to the students to outshine in their future professional life.

- ***Golden Jubilee Celebration***

A jubilee evokes life giving memories. To celebrate the accomplishment of golden milestone (1966-2016), the institution organized various events in this concern. The events were Inter-College Competitions in Fine Arts, On the Spot Teaching Aid Preparation, Folk Song and Poetical Symposium, Workshop on Lesson Planning and Extension Lecture on Environmental Protection. These events were successfully accomplished with the collaborative efforts of management, faculty and students which proves valuable for augmenting the cognitive, affective and conative domain of students.

Best Practice – II

Title of the practice: Reinforcement of the practical facets of academics through extension activities

The context that required initiation of the practice:

Extension activities generally address students directly. Extension is involved in the dissemination of knowledge and expertise in ways that empower and build life-long capacities for growth and development in our constituents. It blends educational goals in a manner that benefits them in edifying constructive outlook. These activities emphasizes that students learn and develop through active participation in thoughtfully organized experiences that are coordinated in on-going collaboration with the institution and the community.

Objectives of the practice

- To use democratic methods in educating the students
- To help in the holistic development of students
- To develop the sense of collaboration
- To develop capable, efficient and self-reliant character
- To promote better social, intellectual and spiritual aspects
- To open new opportunities for developing talents and leadership
- To develop independent thinking and progressive outlook.
- To facilitate in studying and solving various problems

The practice

- Extension Lecture on Environmental Protection by Padamshree Sant Balbir Singh ji Seechewal was organised in which faculty and students of sister institutions and principals of local practicing schools marked their presence.
- Various Inter-College Competitions were organised in:
 - Fine Arts : This was organised under five categories i.e. Pot Making, Dry Flower Arrangement, Slogan Writing, Collage Making and Best Out of Waste on March 23, 2017.
 - On the Spot Teaching Aid Preparation: This event was well- thought under three categories i.e. science, languages and humanities on March 24, 2017.
 - Folk Song and Poetical Symposium: These competitions were held on March 27, 2017.

These events were a huge success for the college as students from different colleges were participated with fervour and hilarity.

- Seminar on vote awareness was conducted at Kamalia Khalsa High School by college ambassadors under SVEEP activities.
- Awareness Rally was organised on Right to Vote under SVEEP activities at Kapurthala.
- College ambassadors guided voters and assisted BLO's during Punjab Elections.

Impact of the practice

- Gave the opportunity to improve someone's life and making community better.
- Gained hands-on experience.
- Made students more organized, responsible, and compassionate.
- Development of students' cognitive, conative and affective domain.
- Built camaraderie and teamwork.
- Fostered empathy and self-efficacy.

- Helped the students to discover hidden talents that change their view on self worth.
- Enhanced the knowledge of volunteers about the functions and operations of local government.